



ACI-Cape Ann is honored to present two upcoming events with  
Special Guest Teacher

Upasaka Culadasa (John Yates)

# *Meditation for Peace*

on the 10th Anniversary of September 11

September 9 – 11, 2011

# *Light on Meditation Retreat*

February 29 - March 8, 2012

## Meditation For Peace

Vajramudra Center 154 Granite Street Rockport, MA

Friday, Sept. 9th, 7 – 9:30pm

Saturday, Sept. 10th, 1 – 3:45pm & 6:30 – 9:30pm

Sunday, Sept. 11th, 1 – 3pm & 5 – 8pm

Please visit [aci-capeann.org](http://aci-capeann.org) for the detailed schedule.

A very special weekend of meditation and study with master meditation teacher Culadasa (John Yates) from Southern Arizona. Learn how to cultivate a life of inner and outer peace, through meditation and through action. By our efforts now, we can heal the hurts of the past.

Live web broadcast: <http://www.ustream.tv/channel/meditation-for-peace>

Please register to let us know you are coming.

Email [register@aci-capeann.org](mailto:register@aci-capeann.org) or call (978) 381-9224.

Classes are free. Supported by donation. Everyone is welcome.

Upasaka Culadasa is ordained as a dedicated lay-practitioner. He has been practicing Buddhist meditation for 35 years and is the Director of Dharma Treasure Buddhist Sangha. [dharma-treasure.com](http://dharma-treasure.com). His intensive training in and integration of both the Theravada and Mahayana traditions provides students with a rich and rare opportunity for rapid progress and deep insight. As a Ph.D. he taught neuro-sciences until 1996 when he left to lead a contemplative life. He is now devoted to helping students master meditation skills.

## Light on Meditation ~ A Stillness & Insight Retreat

Rolling Ridge Retreat & Conference Center N. Andover, MA

February 29 - March 8, 2012

This silent meditation retreat offers extensive opportunity to deepen your practice and receive the blessing of a living master. The days will include sitting and walking meditation as well as instruction, personal interviews, Dharma talks/discussion, and meditative movement sessions. All are welcome, beginners to experienced practitioners.

\$600 covers your lodging and three vegetarian meals per day in a beautiful retreat setting.

Payment is required to register. You may either register with a 50% deposit of \$300 or with the full payment of \$600. Full payment is due by November 15, 2011.

We need 45 persons registered and paid in full by November 15 to go ahead with this retreat. Otherwise, it will be cancelled and payments returned. Please register today.

To register email: [light.on.meditation@aci-capeann.org](mailto:light.on.meditation@aci-capeann.org) or call (978) 381-9224.

Visit [aci-capeann.org](http://aci-capeann.org) for more information.