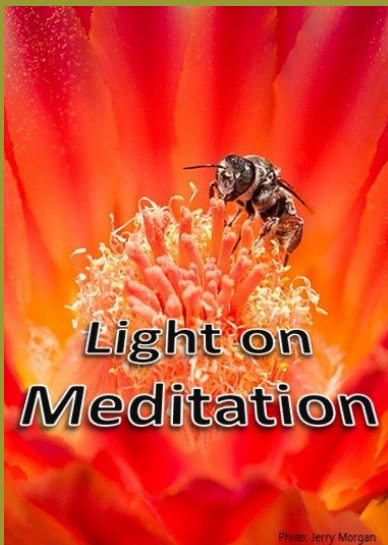


Light on Meditation

A Retreat with Upasaka Culadasa



Upasaka Culadasa is ordained as a dedicated Buddhist lay-practitioner. He has been practicing Buddhist meditation for 35 years and is the Director of Dharma Treasure Buddhist Sangha. His intensive training in, and integration of, both Theravadin and Tibetan traditions provides students with a rich and rare opportunity for rapid progress and deep insight. As a Ph.D. he taught neuro-sciences until 1996 when he left academia to lead a contemplative life. He is now devoted to helping students master meditation skills.

Dharma Treasure
Buddhist Sangha

DharmaTreasure.com

An Easter Weekend Silent Residential Meditation
Retreat with Upasaka Culadasa

Cochise Stronghold, AZ, USA

April 6–8, 2012

This meditation retreat will be held at the Cochise Stronghold Retreat Center, a beautiful facility in the scenic and historic Stronghold Canyon in the Dragoon Mountains. Registration will be limited to 20 people, so please register early. Each accommodation is unique, with costs ranging from \$120 to \$220 (including meals). Campsites are available. Guests will arrive Friday afternoon, and the retreat will end Sunday after lunch.

To register please visit DharmaTreasure.com

Or contact Cynthia at 520-908-1321 or
cynthia@cynthialester.com