

## **Tucson Hacienda Retreat, September 2-5, 2011**

### **Arrival:** Friday

5 pm: Comfortably settle in.

5:30 pm: Review site logistics

6:00 pm: Light “mixer” vegetarian supper

7:00 pm: Review organizational details, retreat schedule and practice guidelines

10:00 pm: Noble Silence begins

**Depart** after lunch on Monday.

### **Items to Bring\*:**

1. a plate, bowl, cup/mug or glass and utensils (fork, knife and spoon). Label with your name as possible.
2. Your own sheets, blanket and pillow
3. Flashlight, bug repellent, hat, sunscreen, sturdy shoes, water bottle. (Weather could range from hot and sunny to cool, rain is possible. Layered clothing works well.)
4. Watch or clock (please don't use your cell phone as a clock)
5. Towel, washcloth and personal items
6. Special dietary foods and fresh food donations (optional)
7. Swim Suit and beach towel for the outdoor pool.

\*if bringing some of these things is logistically difficult, please contact Pam (see below).

### **Meals:**

Breakfasts – cold and hot cereal options along with teas, coffee, juice, toast, nut butter, fruit, eggs, yogurt.

Mid-day meal – catered vegetarian

Light dinner – self-serve nutritious foods i.e. breads, leftovers, nuts and fruit. If you have a special diet, please bring your own and inform us of your needs.

### **Service:**

A volunteer sign-up sheet will be posted.

### **Dana:**

The fees for this retreat cover basic expenses and operating costs. The teacher offers the Buddha dharma without any set fee, and depends on the generosity of students for support of daily life needs. Supporting the teacher's work, from the heart, however it feels appropriate, is the practice of Dana.

### **Noble Silence:**

After registration, orientation and the Friday evening meal, noble silence will be observed throughout the retreat buildings, including meals, except for Dharma talks/Q&A, and private interviews. Yogis are also asked not to read, write, or keep a journal other than for the purpose of practice reports to the teacher.

**Reminder** -Your full payment is due on the first day of the retreat.

**Contacts:**

George Schneider, Registrar [George.sv.az@gmail.com](mailto:George.sv.az@gmail.com) 520-220-8883

Pam Ballingham, Retreat Manager (on site) [art4wall@aol.com](mailto:art4wall@aol.com) 520-790-7061 cell: 520-370-8047

Dharma Treasure Buddhist Sangha mailing address:

Dharma Treasure  
P.O. Box 232  
Pearce, AZ 85625

**Tucson Hacienda Location:** 8230 N. Scenic Drive, Tucson, AZ. It is a private home.

1. From Tucson, take I-10 north.
2. Exit left (west)at Cortaro Road.
3. Turn right on N. Silverbell Rd
4. At the lights of the Qwik Mart Gas Station, Turn left on Continental Reserve Loop.
5. Turn right onto W. Pima Farms Road (W. Pima Farms Road dead ends into N. Scenic Drive).
6. Turn left on N. Scenic Drive (a dirt road)
7. Please try to arrive no later than 5 p.m. You will be guided where to park



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